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## Term 4 - Week 8

Friendship & Learning

Tuesday 24th November 2015

#### **Excursions**

A huge thanks to the wonderful teachers for their tireless work with planning and implementing the terrific excursions last week. Heather, Terry and Kim put in countless hours with this and their efforts are really appreciated! A BIG thank you to Gus and Eade's dad, Adam, for being a sensational volunteer on the 3-6 camp! You are a star! Also a BIG thank you to Ela, Maree, Yolanda, Sharon and Shelley for their wonderful help at the beach!

#### Kitchen-Garden Program

Thanks again, everyone, for making our Kitchen-Garden program such an amazing experience! Thank you to the helpers last Tuesday: Valerie, Tash, Lisa E, Janine, Suz, Emma, Andy P, Andrew D and Trent.

## Intensive Swimming Program

Our swimming program has commenced! During our swimming weeks, our usual school routine is a little different. There is no scripture, no library and no assembly.

We head straight to class each morning for a short session before getting on the bus. The children put their sunscreen on and catch the bus with the teachers to Alstonville for their lesson. After their lesson, they get changed out of their swimmers and catch the bus back to school. We have lunch when we get back to school and then do various activities for the afternoon session.

We will be going to the pool each day during this fortnight, unless the weather is very stormy.

## Swimming Goals

Children will be encouraged to set their own goals to aim for with their swimming and hopefully everyone will be able to participate enthusiastically in their lessons. Please talk to your child about their goals as another means of supporting them to do their best.

## Kitchen-Garden Program Evaluation Meeting Tuesday 1st December 9.00 -10.00am

Please come along to this meeting if you would like to put forward your ideas. Thank you!

## End of Year Concert

We would love a parent or two to help with some minor costume repairs for our big evening. It will be buttons etc so nothing too difficult. It would probably take about an hour if we have two people to help. Please see Kim if you can help. Year 6 Farewell Invitation attached (for Year 6 students and their parents)

## Week 8 / This week

K-6 Swimming @ Alstonville daily 10.30 -11.30am

No Scripture, No Library this week

## Week 9

K-6 Swimming @ Alstonville daily 10.30 -11.30am

Tues 1 Dec Kitchen/Garden Meeting 9-10am

Wed 2nd Dec P & C Meeting 6.30pm

No Scripture, No Library this week

## Week 10

Tues 8 Dec Lucinda Awards (Year 4/5/6 Only)

Wed 9 Dec Year 6 Farewell

Scripture Presentation (If you would <u>not</u> like your child to participate, please let teachers know before Wednesday 9th Dec)

Thurs 10 Dec School Concert 6.15 - 8.30pm

Fri 11 Dec Reports home

## Week 11

Wed 16 DecLast day for students and staffSchool resumes for Years 1-6 on 28th Jan 2016Kinders all start on Monday 1st February 2016

Happy Birthday Harry & Ella who this week celebrated their Birthdays.

**<u>REMINDERS:</u>** Children are asked to return all library books for our annual stocktake. Thank you

## Year K-2 Dolphin Dreaming Excursion





# Sushi Tuesday

Kristen from the Dunoon store has been able to get a few more selections for the 'Sushi Tuesday' menu. This is the revised menu.

Please order from this list; Cut and replace your list from last week.

And a few reminders....Put correct money & order in an envelope./snap lock bag & place in Sushi Box on the counter in the office.

**Orders** must be **in** by **3.00pm Monday afternoon**. (Normal sandwich orders can still be placed at shop on these days).

Zen sushi

DESCRIPTION			price
TUNA SALAD	GF	tuna-mayo(gluten free), cucumber, carrot	\$3.30
TAMAGO (japanese sweet omlette)		japanese sweet egg, cucumber	\$3.30
CHIA VEGGIE BURGER TOFU (organic)		chia veggie burger, cucumber, carrot	\$3.30
	GF	- · · ·	\$3.30
VEGETARIAN AVOCADO	GF		\$3.30
TEMPURA BEENS		ginger soy sauce	\$3.30
SALAD	GF		\$3.30
SWEET CHILI CHICKEN		crumbed sweet chili chicken	\$3.30
CHICKEN SCHNITZEL		crumbed chicken with Japanese BBQ sauce	\$3.30
CHICKEN TERIYAKI CHICKEN TERIYAKI CHICKEN & AVOCADO ROCKN' 4 ROLLS	GF	teriyaki chicken	\$3.30
		teriyaki chickenstick, avocado	\$3.30
		4 slices of sushi(tuna salad, teriyaki chicken, avocado, tamago)	\$3.30
Extra MINI SOY			\$0.10
MINI GLUTEN FREE SOY	GF		\$0.10
MINI GINGER			\$0.10
MINI MAYONAISE			<b>\$0.25</b>
IFREE			
	TUNA SALADTAMAGO (japanese sweet omlette)CHIA VEGGIE BURGERTOFU (organic)AVOCADOAVOCADOTEMPURA BEENSSALADSWEET CHILI CHICKENCHICKEN SCHNITZELTERIYAKI CHICKENTERIYAKI CHICKEN & AVOCADOROCKN' 4 ROLLSMINI SOYMINI GLUTEN FREE SOYMINI GINGERMINI MAYONAISE	TUNA SALADGFTAMAGO (japanese sweet omlette)CHIA VEGGIE BURGERTOFU (organic)GFAVOCADOGFTEMPURA BEENSSALADGFSWEET CHILI CHICKENCHICKEN SCHNITZELTERIYAKI CHICKEN & AVOCADOGFTERIYAKI CHICKEN & AVOCADOROCKN' 4 ROLLSMINI SOYMINI GINGERMINI GINGERMINI MAYONAISE	TUNA SALAD GF tuna-mayo(gluten free), cucumber, carrot   TAMAGO (japanese sweet omlette) japanese sweet egg, cucumber   CHIA VEGGIE BURGER chia veggie burger, cucumber, carrot   TOFU (organic) GF   AVOCADO GF   TEMPURA BEENS fresh avocado   TEMPURA BEENS ered and green capsicum, cucumber, lettuce, carrot, GF   SALAD GF   CHICKEN SCHNITZEL crumbed sweet chili chicken   CHICKEN SCHNITZEL crumbed chicken with Japanese BBQ sauce   TERIYAKI CHICKEN GF   TERIYAKI CHICKEN & AVOCADO teriyaki chickenstick, avocado   ROCKN' 4 ROLLS 4 slices of sushi(tuna salad, teriyaki chicken, avocado, tamago)   MINI GUTEN FREE SOY GF   MINI GINGER Image: Green canage: Gr

All sushi is hygienically packed in a sealed recyclable plastic container.